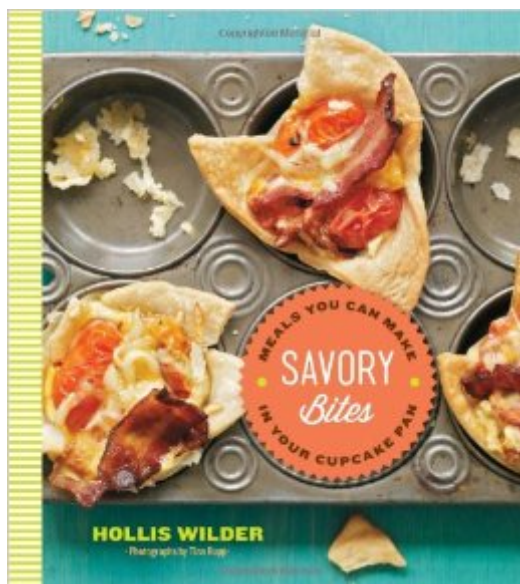


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# Savory Bites: Meals You Can Make In Your Cupcake Pan



## Synopsis

Hollis Wilder, the first two-time champion of Food Network's Cupcake Wars takes the traditional sweet cupcake in a new direction, with fresh flavors and a new savory look. The trusty cupcake pan works just as well for satisfying mini meals as it does for decadent sweets. Small, uniform portions make it easier to avoid overeating, and the meals are perfect for making ahead of time and freezing for the week in single or family-size portions. Hollis provides tips for having children help with the cooking to make a more enjoyable family mealtime. With 100 exciting recipes for breakfast, lunch, and dinner, such as Apple-Sausage Breakfast Cakes, Fig and Blue Cheese Tarts, Pumpkin Risotto, and Curried Chicken with Mango, Savory Bites proves a cupcake pan isn't just for sweets and is sure to please any palate or budget. Praise for Savory Bites: "While Wilder channels her inner Julia Child with updated aspic recipes featuring roasted vegetables, other dishes are simply comfort foods in cupcake tins." • Today.com

## Book Information

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## Customer Reviews

This book exceeds my expectations. I have made some of the recipes for gatherings as an appetizer and they were a hit. It is easy to substitute for certain foods or seasonings if need be. Directions are very clear. Great book and glad I purchased it. A few of my friends have also went out and purchased it after they ate some of the recipes I made.

Love the recipes in this cookbook! The directions are easy to follow, and I particularly like the spice

level - no bland dishes made so far. I also like that the serving size is built in :)

I'm all about jumping on board with the latest cupcake/muffin tin cooking trend, but this was a bit much! Don't get me wrong, Hollis Wilder knows her stuff. She has a glowing passion for cooking that can either truly motivate you or completely overwhelm you. Most recipes in this book overwhelmed me. It has complex, lengthy instructions that would require at least an hour or more of cooking/prep time. Who has that kind of time on a weeknight after work?? However, I love the originality and have found many recipes adaptable with my own shortcuts. My fave recipes include the nacho cups, the parmesan fennel tarts, the mushroom tarts, and the chicken enchilada cups. Those were the most basic, easy recipes I could find to start with. I wanted to give this gorgeous book a higher rating, but I just think the average everyday cook looking for something creative and fun might be a bit put off by this.

This book caught my eye because I have kids and I thought the cupcake-type dishes would appeal to them. Unfortunately, after reading through the entire book, I have come to the conclusion that this book was not written for me. The ingredient list for each is LONG and it's not just a matter of assembling... before you can do that you have to make the sauce, the filling, etc etc. This is definitely not a book for busy weeknight cooking.

You can make up main dishes in single, half cup sized servings, such as an eggplant-pasta bake, mushroom and potato hash, empanadas, salmon cakes and other savory main dishes. These are larger than canapes (mini appetizers) but big enough for an appetizer course or for a "tasting" dinner where you have several small dishes rather than one large serving. There are even "sandwiches" (smoked salmon-egg salad-pumpernickel.) These aren't kiddo recipes--they are more on the gourmet side but not terribly so. I'm not sure who this book is aimed at; maybe someone who wants to create some party dishes with portion control or a pretty presentation. None of the recipes stood out as anything I'd never seen before. I'd give this a miss unless cupcake-sized entrees somehow appeal to you.

I had hoped this book would provide recipes for families with young children looking for some easy ideas for meals. Since my twins love eating miniature foods, I thought it would be great. Unfortunately, the book is geared more for adult entertaining. If I had all the time in the world, I could definitely make the foods in this book, but too complex when you have 30 minutes to get dinner on

the table.

I love this cookbook. The muffin tin concept is pretty unique and the diversity of the recipes is really impressive...breakfast, pasta, vegetable, seafood, meats & poultry. Many of the ingredient combinations are very innovative and are easy to make substitutions to suit your taste. The book is very well edited, with extremely detailed instructions. One of my favorite things is that nearly all the meals can be made in advance and they do stay good for up to five days in the frig. I did not think that was possible but they do. I have made at least 10 of the recipes without a loser yet. The spinach & mushroom quiche is a hit with everyone and is great to make ahead for breakfast when you have house guests.

Really fun. I got three sizes of the silicone muffin forms. Growing kids and more active people can eat more than one portion while dieters can eat just one. Still just making the same meals for everyone. So far I have made Parmesan hash browns, mushroom tarts, prociutto baked eggs, and quiches.

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